

Wellbeing Assessment Report

Sample School

08 May, 2018



WELLBEING
COLLABORATIVE

Table of Contents

How to Read this Document.....	5
Navigating your report.....	5
Additional Items and Custom Items	5
Reading your report.....	5
Charts	6
Tables	7
Summary Statistics.....	8
Your School	8
Aggregate	8
Academic Engagement	9
Academic Outcomes	12
Activity Engagement	15
Activities.....	15
Outcomes.....	18
Pathways.....	21
Belonging	28
Outcomes.....	28
Pathways.....	32
Experiences of discrimination.....	41
Health and substance use.....	43
Health behaviors.....	43
Health attitudes	46
Alcohol use.....	50
Lifelong Service	59
Outcomes.....	59
Pathways.....	62
Life Satisfaction	67
Meaning	72
Outcomes.....	72
Pathways.....	75
Mood.....	84

Happiness.....	84
Anxiety	87
Depression	90
Loneliness.....	93
Social Anxiety	96
Positive Relationships: Friendship	99
Outcomes for friends-in-general	99
Pathways for friends-in-general	103
Outcome for friends-who-are-different	109
Pathways for friends-who-are-different.....	110
Positive Relationships: Romantic Relationships	113
Set 1	115
Set 2	120
Positivity.....	122
Self Esteem.....	122
Optimism.....	126
Perseverance.....	129
Purpose	132
“Have goals” Outcomes	133
“Have goals” Pathways	136
“Defining goals” Outcomes.....	147
“Defining goals” Pathways.....	150
Standing up to Discrimination	158
Outcomes.....	158
Pathways.....	161
Volunteerism.....	163
Outcomes.....	163
Pathways.....	166
Demographics and background	171
Age, Class	171
Disability.....	172
Foreign school, Gender, GPA, Housing.....	174

Major, Military, Parents' education.....	178
Paying for college & loans.....	180
Program participation, RA	183
Race/ethnicity, Sexual orientation, Spirituality, Study abroad.....	186
Work & money.....	190
Custom Items	191

How to Read this Document

This document summarizes your school's data from the Spring 2018 Wake Forest University Wellbeing Assessment.

Navigating your report

The report is broken down according to sections of the Wellbeing Assessment, which are organized in alphabetical order with the following exception: Demographics, Additional Items, and Custom Items. These appear at the end of the report.

The table of contents can be used to navigate from section to section. Simply *Ctrl + click* on the section heading in the table of contents to move to that section. The footer of each page contains a hyperlink that says "Click here to return to table of contents". If you open the footer, you can *Ctrl + click* on that link to navigate back to the table of contents.

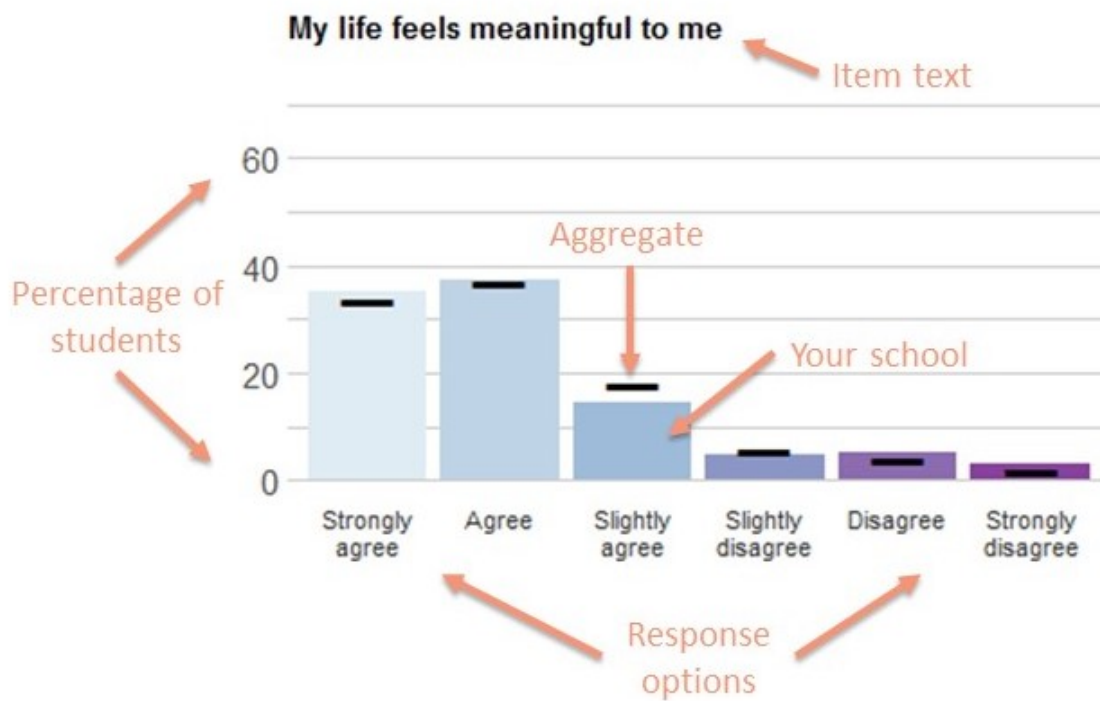
Additional Items and Custom Items

Each school had the opportunity to select up to two sets of Additional Items from the following: Campus Safety, Medical Care, Mental Health Care, and Money. Each school also had the opportunity to add up to 3 custom items. If you opted to include Additional Items and/or Custom Items in your survey, they will appear at the end of your report (after the demographics) and will be indicated by section headings *Additional Items* and *Custom Items*.

Reading your report

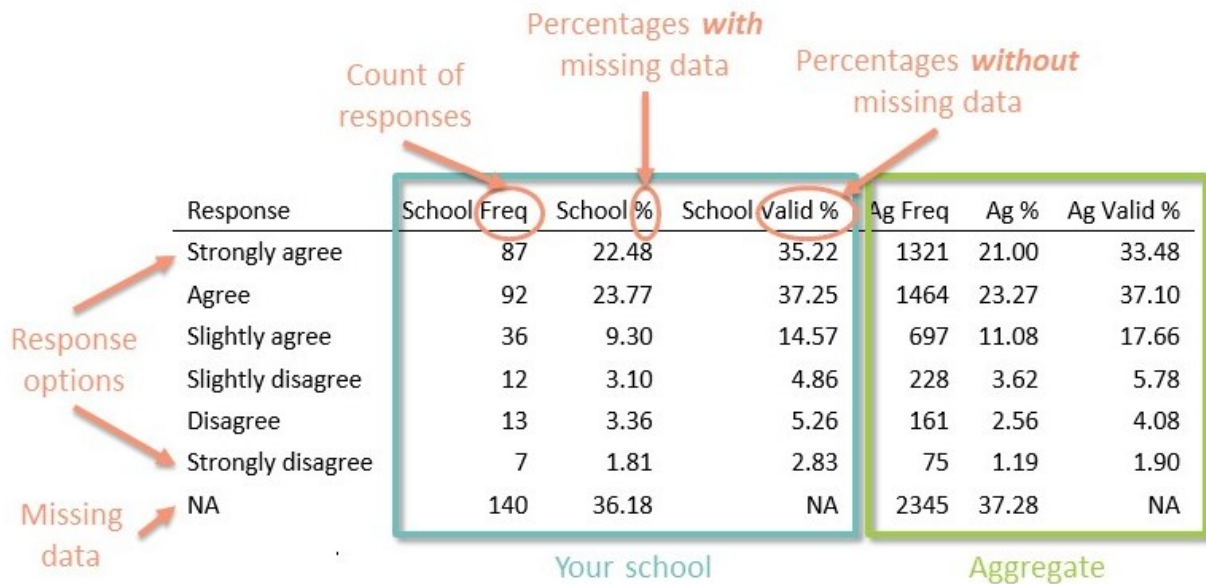
The data is summarized using **charts** and **tables**, which provide information on the number and proportion of students who responded in a given way to each item. Some items do not have a chart because the data was best represented in a table or some other form. Below is more information on how to read the charts and tables.

Charts



Each bar on the bar chart represents the percentage of students at your school who endorsed a particular response option for the given item. The bold black lines represent the percentage of students in the aggregated sample of all schools who endorsed a particular response. The item text is at the top of the chart and the response options are indicated along the bottom of the chart. Charts for Additional Items and Custom items do not include aggregate data.

Tables



Response	School Freq	School %	School Valid %	Ag Freq	Ag %	Ag Valid %
Strongly agree	87	22.48	35.22	1321	21.00	33.48
Agree	92	23.77	37.25	1464	23.27	37.10
Slightly agree	36	9.30	14.57	697	11.08	17.66
Slightly disagree	12	3.10	4.86	228	3.62	5.78
Disagree	13	3.36	5.26	161	2.56	4.08
Strongly disagree	7	1.81	2.83	75	1.19	1.90
NA	140	36.18	NA	2345	37.28	NA

Your school Aggregate

Following the bar chart is frequency table for each item. There are two sets of 3 columns. The left-hand columns labeled *School* represent students at your school, and the right-hand columns labeled *Ag* represent students from the aggregate sample of all schools. The *Freq* column indicates the raw number of students who endorsed each response option. The % column indicates the proportion of students who endorsed each response option, including those who did not provide a response (indicated in the table as *NA*'s). The *Valid %* column indicates the proportion of students who endorsed each response option, not including those who did not provide a response. **The *Valid %* provides the most useful interpretation of the data and is identical to the percentage indicated in the bar chart.** For items with no chart, the item text is indicated at the top of the table. Tables for Additional and Custom items do not include aggregate data.

Summary Statistics

Your School

- Total N of participants = 123
- Mean age of participants = 18.7
- Gender:
 - Female = 77.69%
 - Male = 22.31%
 - Other = 0%
- Class standing:
 - First year or freshman = 100%
 - Sophomore = 0%
 - Junior = 0%
 - Senior = 0%

Aggregate

- Total N of participants = 6291
- Mean age of participants = 20.26
- Gender:
 - Female = 68.26%
 - Male = 30.71%
 - Other = 1.03%
- Class standing:
 - First year or freshman = 27.85%
 - Sophomore = 23.94%
 - Junior = 26.41%
 - Senior = 21.81%

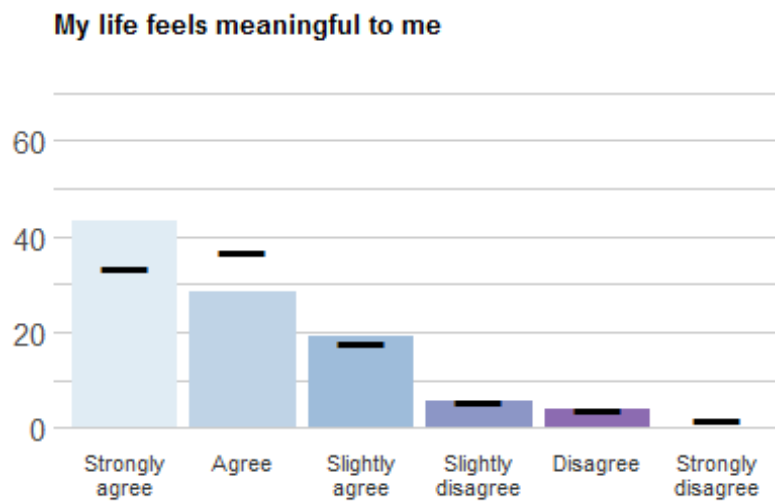
Meaning

This set of items asks about your sense of meaning in life.

Outcomes

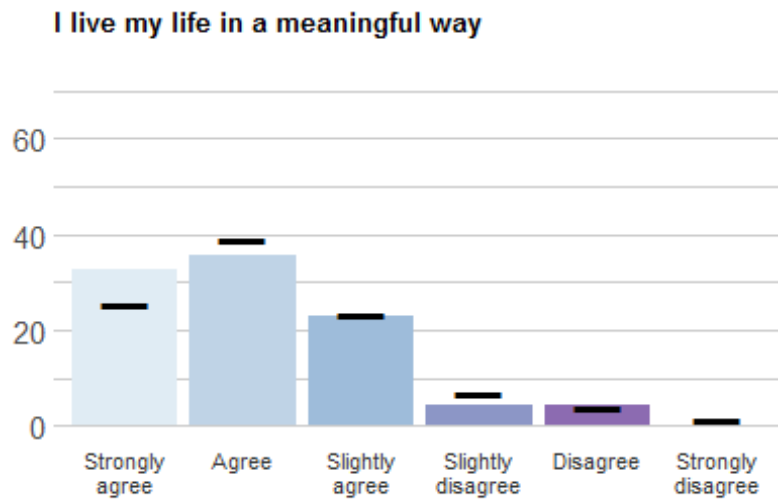
Please rate how strongly you agree or disagree with the following statements.

MEANING_1



Response	School Freq	School %	School Valid %	Ag Freq	Ag %	Ag Valid %
Strongly agree	32	26.02	43.24	1321	21.00	33.48
Agree	21	17.07	28.38	1464	23.27	37.10
Slightly agree	14	11.38	18.92	697	11.08	17.66
Slightly disagree	4	3.25	5.41	228	3.62	5.78
Disagree	3	2.44	4.05	161	2.56	4.08
Strongly disagree	0	0.00	0.00	75	1.19	1.90
NA	49	39.84	NA	2345	37.28	NA

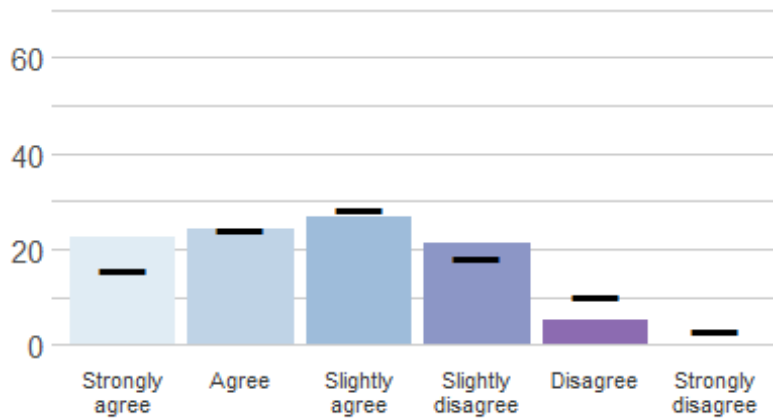
MEANING_2



Response	School Freq	School %	School Valid %	Ag Freq	Ag %	Ag Valid %
Strongly agree	23	18.70	32.86	994	15.80	25.44
Agree	25	20.33	35.71	1532	24.35	39.21
Slightly agree	16	13.01	22.86	907	14.42	23.21
Slightly disagree	3	2.44	4.29	268	4.26	6.86
Disagree	3	2.44	4.29	152	2.42	3.89
Strongly disagree	0	0.00	0.00	54	0.86	1.38
NA	53	43.09	NA	2384	37.90	NA

MEANING_3

I do something meaningful with my life every day

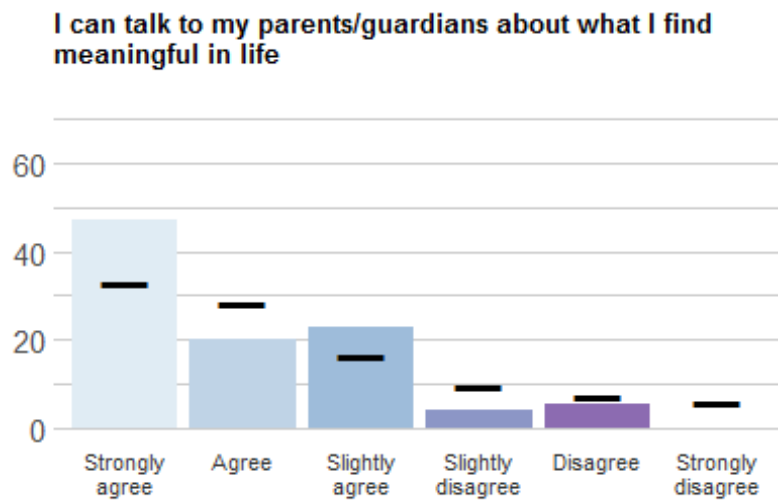


Response	School Freq	School %	School Valid %	Ag Freq	Ag %	Ag Valid %
Strongly agree	17	13.82	22.67	618	9.82	15.69
Agree	18	14.63	24.00	949	15.09	24.09
Slightly agree	20	16.26	26.67	1120	17.80	28.43
Slightly disagree	16	13.01	21.33	718	11.41	18.22
Disagree	4	3.25	5.33	411	6.53	10.43
Strongly disagree	0	0.00	0.00	124	1.97	3.15
NA	48	39.02	NA	2351	37.37	NA

Pathways

Please rate how strongly you agree or disagree with the following statements.

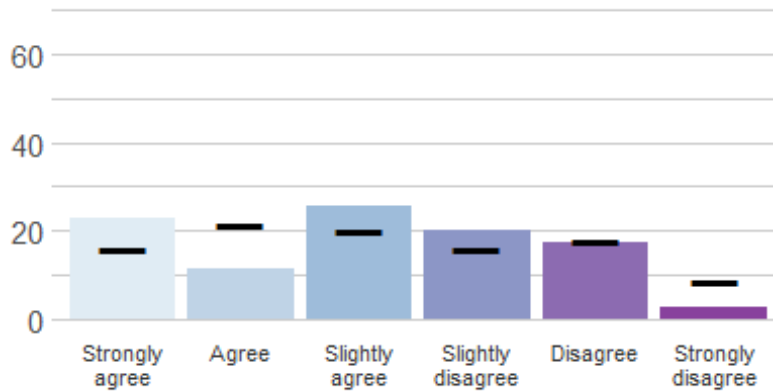
MEANING_4



Response	School Freq	School %	School Valid %	Ag Freq	Ag %	Ag Valid %
Strongly agree	35	28.46	47.30	1303	20.71	33.11
Agree	15	12.20	20.27	1110	17.64	28.21
Slightly agree	17	13.82	22.97	643	10.22	16.34
Slightly disagree	3	2.44	4.05	367	5.83	9.33
Disagree	4	3.25	5.41	281	4.47	7.14
Strongly disagree	0	0.00	0.00	231	3.67	5.87
NA	49	39.84	NA	2356	37.45	NA

MEANING_5

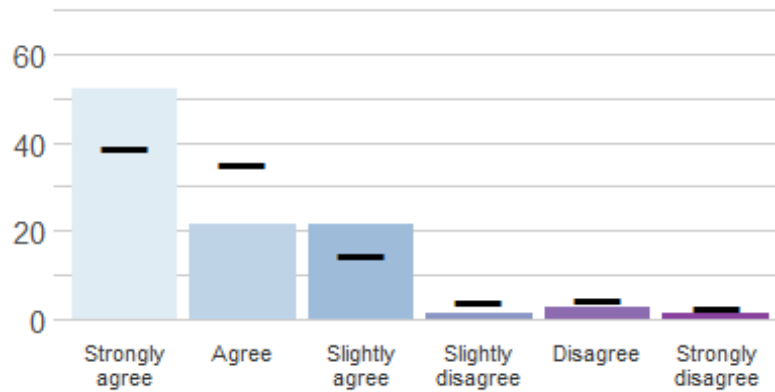
I have found faculty or staff at my school I can talk to about things I find meaningful in life



Response	School Freq	School %	School Valid %	Ag Freq	Ag %	Ag Valid %
Strongly agree	16	13.01	22.86	622	9.89	15.93
Agree	8	6.50	11.43	843	13.40	21.59
Slightly agree	18	14.63	25.71	786	12.49	20.13
Slightly disagree	14	11.38	20.00	620	9.86	15.88
Disagree	12	9.76	17.14	696	11.06	17.83
Strongly disagree	2	1.63	2.86	337	5.36	8.63
NA	53	43.09	NA	2387	37.94	NA

MEANING_6

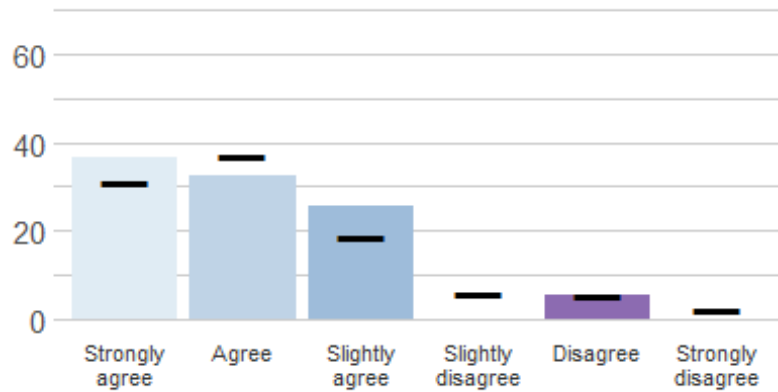
I have friends or classmates at my school I can talk to about things I find meaningful in life



Response	School Freq	School %	School Valid %	Ag Freq	Ag %	Ag Valid %
Strongly agree	39	31.71	52.00	1544	24.54	39.11
Agree	16	13.01	21.33	1392	22.13	35.26
Slightly agree	16	13.01	21.33	571	9.08	14.46
Slightly disagree	1	0.81	1.33	166	2.64	4.20
Disagree	2	1.63	2.67	169	2.69	4.28
Strongly disagree	1	0.81	1.33	106	1.68	2.68
NA	48	39.02	NA	2343	37.24	NA

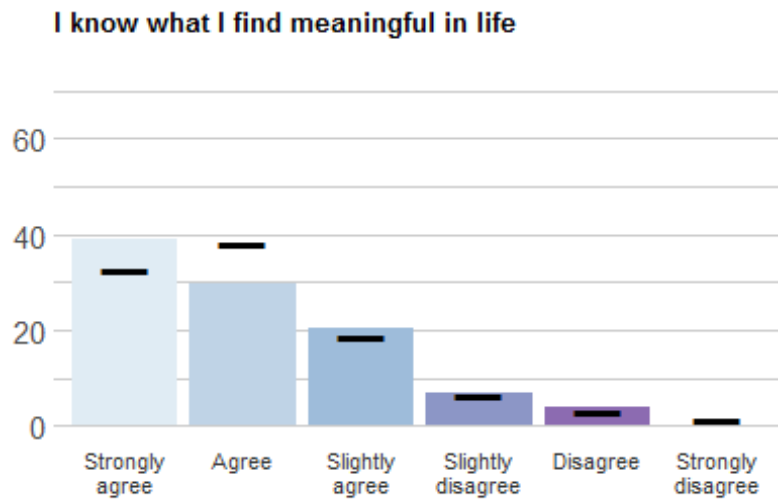
MEANING_7

I have taken courses at my school that have made me think about what I find meaningful in life



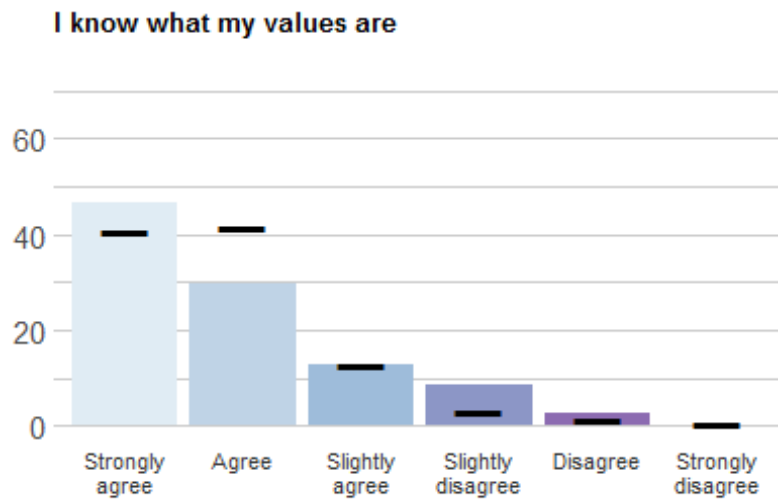
Response	School Freq	School %	School Valid %	Ag Freq	Ag %	Ag Valid %
Strongly agree	27	21.95	36.49	1221	19.41	30.93
Agree	24	19.51	32.43	1457	23.16	36.91
Slightly agree	19	15.45	25.68	733	11.65	18.57
Slightly disagree	0	0.00	0.00	236	3.75	5.98
Disagree	4	3.25	5.41	214	3.40	5.42
Strongly disagree	0	0.00	0.00	86	1.37	2.18
NA	49	39.84	NA	2344	37.26	NA

MEANING_8



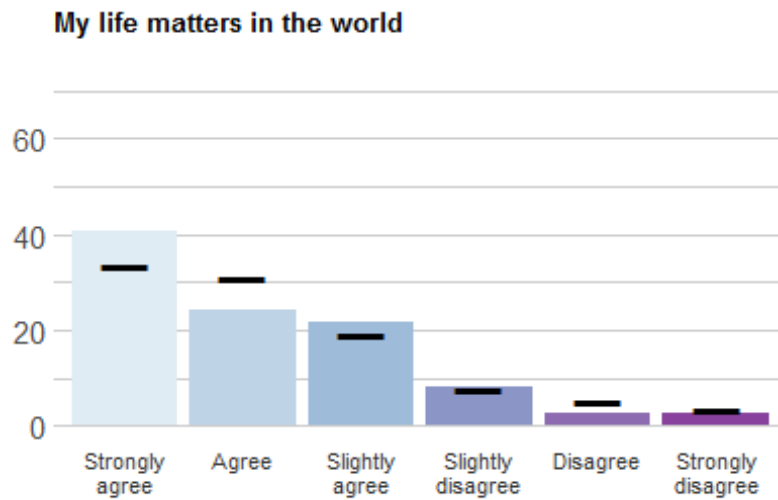
Response	School Freq	School %	School Valid %	Ag Freq	Ag %	Ag Valid %
Strongly agree	29	23.58	39.19	1285	20.43	32.61
Agree	22	17.89	29.73	1504	23.91	38.16
Slightly agree	15	12.20	20.27	743	11.81	18.85
Slightly disagree	5	4.07	6.76	245	3.89	6.22
Disagree	3	2.44	4.05	118	1.88	2.99
Strongly disagree	0	0.00	0.00	46	0.73	1.17
NA	49	39.84	NA	2350	37.35	NA

MEANING_9



Response	School Freq	School %	School Valid %	Ag Freq	Ag %	Ag Valid %
Strongly agree	33	26.83	46.48	1585	25.19	40.54
Agree	21	17.07	29.58	1627	25.86	41.61
Slightly agree	9	7.32	12.68	503	8.00	12.86
Slightly disagree	6	4.88	8.45	122	1.94	3.12
Disagree	2	1.63	2.82	53	0.84	1.36
Strongly disagree	0	0.00	0.00	20	0.32	0.51
NA	52	42.28	NA	2381	37.85	NA

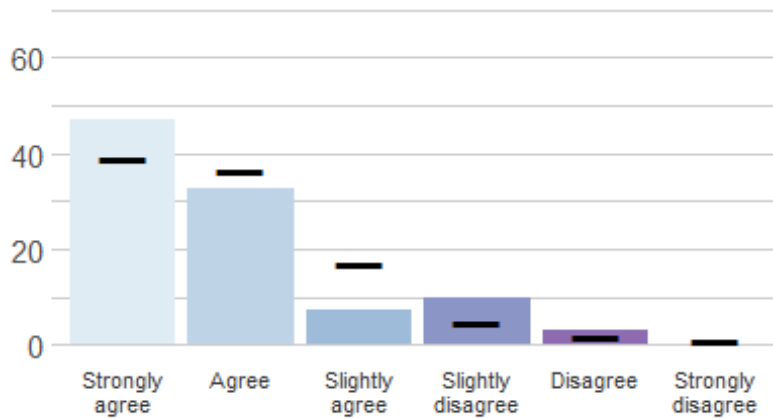
MEANING_10



Response	School Freq	School %	School Valid %	Ag Freq	Ag %	Ag Valid %
Strongly agree	30	24.39	40.54	1314	20.89	33.38
Agree	18	14.63	24.32	1219	19.38	30.96
Slightly agree	16	13.01	21.62	758	12.05	19.25
Slightly disagree	6	4.88	8.11	300	4.77	7.62
Disagree	2	1.63	2.70	206	3.27	5.23
Strongly disagree	2	1.63	2.70	140	2.23	3.56
NA	49	39.84	NA	2354	37.42	NA

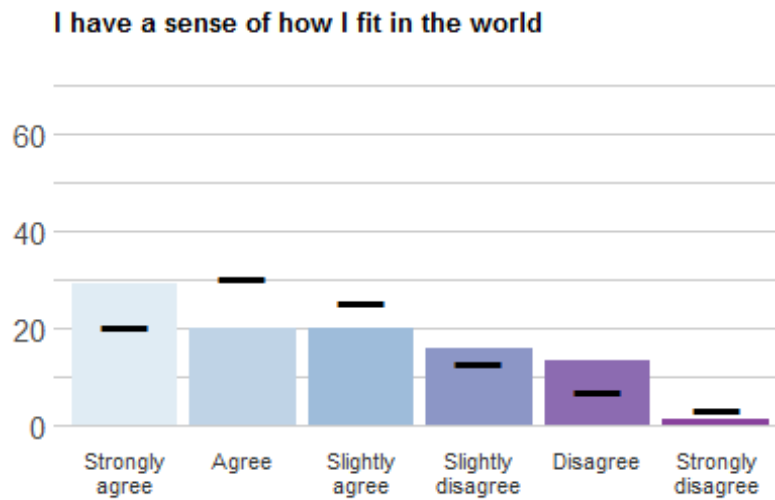
MEANING_11

I see the world as full of possibilities



Response	School Freq	School %	School Valid %	Ag Freq	Ag %	Ag Valid %
Strongly agree	33	26.83	47.14	1532	24.35	39.23
Agree	23	18.70	32.86	1420	22.57	36.36
Slightly agree	5	4.07	7.14	663	10.54	16.98
Slightly disagree	7	5.69	10.00	180	2.86	4.61
Disagree	2	1.63	2.86	71	1.13	1.82
Strongly disagree	0	0.00	0.00	39	0.62	1.00
NA	53	43.09	NA	2386	37.93	NA

MEANING_12



Response	School Freq	School %	School Valid %	Ag Freq	Ag %	Ag Valid %
Strongly agree	22	17.89	29.33	798	12.68	20.24
Agree	15	12.20	20.00	1203	19.12	30.51
Slightly agree	15	12.20	20.00	1004	15.96	25.46
Slightly disagree	12	9.76	16.00	518	8.23	13.14
Disagree	10	8.13	13.33	281	4.47	7.13
Strongly disagree	1	0.81	1.33	139	2.21	3.53
NA	48	39.02	NA	2348	37.32	NA